

KTMA Practice Card

Each block is 2.5 minutes. Practice each day at home and you and your parents initial and date the blocks for the amount of time practiced. Bring your card to class when you have the full page completed, you will receive a Practice Card stripe (2nd one from the end of the belt). Your instructor will note on the back of your card what you need to practice.

Student Name: _____

1	2	3	4	5
6	7	8	9	10

Instructor Signature/Date: _____

Parent Signature/Date: _____

1	2	3	4	5
6	7	8	9	10

Instructor Signature/Date: _____

Parent Signature/Date: _____

1	2	3	4	5
6	7	8	9	10

Instructor Signature/Date: _____

Parent Signature/Date: _____

King Tiger Martial Arts, Inc. All locations independently operated. More curriculum resources at:

www.KingTigerMartialArts.com

KTMA Practice Card

Each block is 2.5 minutes. Practice each day at home and you and your parents initial and date the blocks for the amount of time practiced. Bring your card to class when you have the full page completed, you will receive a Practice Card stripe (2nd one from the end of the belt). Your instructor will note on the back of your card what you need to practice.

Student Name: _____

1	2	3	4	5
6	7	8	9	10

Instructor Signature/Date: _____

Parent Signature/Date: _____

1	2	3	4	5
6	7	8	9	10

Instructor Signature/Date: _____

Parent Signature/Date: _____

1	2	3	4	5
6	7	8	9	10

Instructor Signature/Date: _____

Parent Signature/Date: _____

King Tiger Martial Arts, Inc. All locations independently operated. More curriculum resources at:

www.KingTigerMartialArts.com